



2016 NJ Grant Opportunity is closed. Anticipate 2017 application to be released: February 2017

## Announcing

### 2016 School/Organization Health Grant Opportunity

Release Date: February 19, 2016

Due Date: May 20, 2016

Dear Educator,

The New Jersey Physicians Advisory Group, a non-profit medical research and education organization, is providing schools and youth focused organizations the opportunity to update or expand their curricula on character, relationships and sexual health through a grant offering. This 2016 grant will provide curricula, teaching resources, medical information and teacher training to, school staff, health departments, nurses, and community organizations. Currently, students in over 325 public and private schools in 9 states have the benefit of the **YES You Can!** curricula. These schools can confidently provide medically sound instruction that has been systematically evaluated by an independent evaluator showing statistically significant positive student changes and know that they are in compliance with the NJ AIDS Prevention Act. Their students are receiving comprehensive lessons with a strong theoretical base, grounded in social-cognitive, social learning and protection motivation theories through lessons that address NJCCCS. Schools using a full complement of the **YES You Can!** curricula find that they address:

**98% of 2.4 ~ 85% of 2.1\*+\***

**82% of 2.2 ~ 56% of 2.3**

The development and piloting of these curricula were funded with a federal grant from the US Department of Health and Human Services, Administration for Children and Families in conjunction with Saint Michael's Medical Center and Columbus Hospital in Essex County, NJ. The Institute for Research and Evaluation reviewed and evaluated **YES You Can!** (2011) and it was awarded the distinguished designation of "**evidence-based practice**," stating that it "attained strong results at changing youth attitudes on key predictors of sexual activity." The New Jersey Department of Health provided a review through Montclair State University (2012-2015) which called the **YES You Can!** curricula "very well done" and, as a result the State of New Jersey currently implements **YES You Can!** in their Federal Title V school programs.

The middle school and high school levels have nine lessons and the newly released 5/6 Grade **YES You Can...Commit to Character!** has six, that include the topics of bullying, puberty and boundary setting. Each curriculum comes with a teacher training DVD, preparation pages and a CD of handouts, classroom visuals and worksheets. We are pleased to announce that grant awards also include a day of educator training at no cost to a school or organization.

After experiencing the curriculum in his classrooms, one health educator said "**Neither words nor money can express the impact that you have made in the lives of these students.**" A Health and Physical Education Supervisor wrote to us saying, "**On behalf of the Board of Education and the children of our community who benefited directly from the YES You Can! curriculum, thank you for allowing us to be part of such a fantastic program! I would like to see this program started in the early grades and continue until senior year at the high school. This very important information needs to be addressed.**" An administrator/health/PE teacher said: "**This curriculum has changed the character of our school.**"

The deadline to apply is May 20th. An application is attached (also available at: [www.njphysicians.org](http://www.njphysicians.org)). Award announcements will be made by June 1, 2016. On behalf of our Board of Directors, we hope to hear from your school, district or organization as we look forward to bringing a dynamic health message to more students in the coming year!

*Peggy Cowan*

Peggy Cowan / President and Founder

\* of 6th Grade CPIs, C,D,E + of 8th and 12th Grade CPIs A,C,D,E



## 2016 SCHOOL HEALTH CURRICULUM GRANT

The New Jersey Physicians Advisory Group is providing a 2016 curricula and educator training grant with components totaling a value of \$100,000. The Objective: To increase the positive sexual health outcomes of youth from 5<sup>th</sup> through 12<sup>th</sup> grade by providing published, evidence-based innovative character and relationship curricula with training for educators to effectively teach it. Awarded schools or organizations receiving copies of the *YES You Can!* curricula will also receive scholarships for attendees (per curriculum awarded) to attend a day-long health education conference provided by the New Jersey Physicians Advisory Group. The training is required for all schools/organizations accepting grant awards.

School health professionals eligible for conference scholarships include health teachers, health supervisors, school nurses, school counselors, administrators and community organization personnel. Continuing education credits will be awarded to conference attendees.

### I. GRANT AWARD INFORMATION

Four (4) Levels of Curricula Available:

Elementary – 5/6 Grade	<i>YES You Can...Commit to Character!</i>
Middle School – Level 1	<i>YES You Can...Experience True Freedom!</i>
High School – Level 2	<i>YES You Can...Make Smart Choices!</i>
High School – Level 3	<i>YES You Can...Build Healthy Relationships!</i>

Levels cover: Character development, decision-making, personal space, peer pressure, boundary setting, STDs, pregnancy, contraception, problem solving, bullying, relationship skills and future orientation. Curricular samples and details for viewing can be found at: [www.njphysicians.org](http://www.njphysicians.org).

Anticipated Number of Curricula to be Awarded: 120

Region Served: Unlimited

Range of Awards: From one copy to district-wide multiple copies, electronic copies

II. ELIGIBLE INSTITUTIONS: public schools, charter schools, private schools, faith-based schools and community organizations

NOTE: Entities already using one or more levels of *YES You Can!* curriculum(a) are eligible to apply for an additional curriculum(a) in order to add new levels to their school/organization or to increase the number of copies of the level(s) they are currently using.

### III. APPLICATION AND SUBMISSION INFORMATION:

Application must be received or postmarked, by **May 20, 2016**.

Acceptance of award **requires the following, and must be signed off by a supervisor:**

1. Implementation of the curriculum(a) within the 2016-17 school year
2. Continuing Education Training: If awarded school/organization is located within New Jersey, participation of at least one (1) educator, per copy of curriculum is required to attend a regional training. Web-training is provided for educators in schools/organizations beyond New Jersey.

Complete the following two (2) page application and mail, fax (908-322-4293) or scan and email to:  
**[grants@njphysicians.org](mailto:grants@njphysicians.org)**

Address for mail submission: New Jersey Physicians Advisory Group, PO Box 352, Fanwood, NJ 07023



**APPLICATION**  
**2016 HEALTH CURRICULUM GRANT**

School or Organization: \_\_\_\_\_

(If school) District Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Website: \_\_\_\_\_

Health Supervisor: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

1) Level(s) and Number of Copies of Curriculum Requested:	# Copies Requested
___ 5/6 Grade, <i>YES You Can... Commit to Character!</i>	_____
___ Middle School, <i>YES You Can... Experience True Freedom!</i>	_____
___ High School, <i>YES You Can... Make Smart Choices!</i>	_____
___ High School, <i>YES You Can... Build Healthy Relationships!</i>	_____

2) Supervisor's Verification of the Following - If awarded, our school/organization will:

- a. Implement the *YES You Can!* Curriculum(a) within the 2016-2017 school year.
- b. Provide the person(s) who would teach the curriculum(a); i.e., the classroom educator(s), nurses or counselors (minimum of one person per curriculum awarded), to attend a Regional NJPAG Conference during the school year 2015 - 2016. (No conference fee, but all transportation costs and parking, if applicable, remain that of the participants.) Schools/organizations outside of NJ will be provided web-training.

**Supervisor's Name & Signature:** \_\_\_\_\_  
PRINT SIGN

3) Health support services from the community (if any)

Does your health department/district bring in outside resources in its educational programming for youth? (i.e., inviting in local health departments, community pregnancy centers, Planned Parenthood, STD testing centers, the use of outside health programs) If so, please list the services and provider(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4) If awarded, names and positions of the anticipated educators who would be expected to teach the *YES You Can!* curricula, (i.e., classroom teacher, health teacher, nurse, counselor). There should be at least one (1) person listed *for each copy requested*.

Educator's Name	Position	School Name	Email
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

(If needed, add an additional page)

**Review and Selection Process**

No grant award will be made to incomplete or late applications. Applicants will be contacted at the phone number supplied below for a review of their application. A review panel will assess each application with a robust set of criteria ensuring an equitable distribution of curricula. Awardees will be notified via Email and a list of awardees will be posted on our website on June 1, 2016. In addition, please note that the curricula are always available for purchase.

(Please Print)

Name of Person Responsible for Application Submission: \_\_\_\_\_

Position: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

If we are awarded, the person above is to be notified via email.

If someone other than this person is to be notified of award(s) please add their contact information below.

Position: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

How did you hear about or receive information about this grant?

\_\_\_\_\_